

Surviving Suicide loss: A Support Group to Guide Healing

"Healing yourself is connected with healing others."

Yoko Ono



WHO: those who lost a family member, loved one or friend to suicide

WHERE: LifeLinks, 750 Broadway Ave E. Mattoon, IL

WHEN: 1st Tuesday of every month from 5-6:30PM beginning April 6th

COST: Free*

For more information please contact Joe King at LifeLinks at
217.238.5754

For those needing immediate assistance please contact the 24
hour crisis hotline at 866.567.2400

*Funding for group provided by Mattoon Community Trust